The Daily Gazetteer.

NUMB. 4041

THURSDAY, JANUARY 24, 1745.

THERE are few Subjects that meet with a more general Reception, and fewer ſtill, that deſerve to meet ſuch a Reception better, than Books that treat of *preſerving Health*, and avoiding the *Inconveniencies* incident to *old Age*. They are ſuited to all Ranks and Conditions, all Ages and Sexes: For is there that lives, and deſires not to live in Health? is there growing in Years, that is not apprehenſive firmities? Or who, that labours under Infirmities, ould not willingly be informed how to ſhake them

as been often wiſhed, that ſome learned Profeſſor yſick would attempt a Work of this Kind, writ- Principles ſo general, as to embrace the whole l Oeconomy; and in a Style ſo plain, that every without Trouble, might be able to comprehend his Work ſhould not be a Body of Phyſick; for ould anſwer the End of the Learned only, and them but in Part; for ſuch a Work ſhould re- the preſerving Health, rather than curing Diſ- and teach the Art of avoiding, rather than that ng, the Phyſician. In a Word, it ought to be a of living temperately, prudently, and in the Way greeable to one's Conſtitution; which are the Cir- nces that are moſt likely to contribute to the hap- ate of Human Creatures in this Life——— a vi- old Age.

ook which exactly executes this Plan I have lately ntitled, *A Guide to Health through the various of Life*, by Dr. BERNARD LYNCH; written with Plainneſs and Perſpicuity; abounding with uſeful dical Knowlege; adjuſted to the Demands of d in general; and equally capable of teaching one live long without a Phyſician, and to have a ſiſtence in a Man of Skill, when Neceſſity com- to call for him. A Book moſt uſeful, and moſt ining; wherein all Things are methodically laid and that in ſuch a Manner, as that Inſtruction ſhment go together from the firſt Page to the The following eaſy and accurate Account of Sleep, Page 179——, will ſhew that I have done this ſtrict Juſtice.

the next Place it is very evident, that in Sleep not only a Reſt and a Suſpenſion from acting in our bodily Organs, but likewiſe of our Thinking too: That is, a Ceſſation from ſuch Thoughts as awake, we are exerciſed about, which we re- poſe, and Will to employ our Mind with.

tho' Dreams are Thoughts, yet they are imper- d incoherent ones; and are either ſo faint and Repreſentations, as to be conſiſtent with our or elſe, if they be ſtrong and lively, they are terruption and Diſturbance of it.

m whence it will follow, that the Motion of the Fluid muſt be more ſedate, even, and regular, Time of ſleeping than waking; for beſides the Alterations it receives in this latter State, from eral Paſſions of the Mind, the very Contractions Muſcles themſelves, in the Exerciſes of the will forward its Courſe differently, and more ; whereas in Sleep, the Motion of the Heart, , and Veins, is ſtronger, ſlower, more equal, ; likewiſe Reſpiration is deeper, ſtronger, ſlower, re equil, by which Means the Blood circulates geſts more commodiouſly; and Secretion, Per- n, and the Diſtribution of Nouriſhment, are ucceſſfully carried on; the Humours circulating thro' the Blood Veſſels, and the Parts near the but ſlower thro' the Sides of the Body, and the Parts, as well as the Muſcles.

ce it alſo comes to paſs, that the Influx of the Fluid into the Organs of the Body, as alſo its towards the Brain, is in Sleep either none, or conſiderable; for it is muſcular Action and Sen- that required this Fluid to be thus determined ay or that, which are in this State hardly any: et, by the Arrival of Blood at the Brain, this will ſtill be ſeparated there, fit to be deriv'd into es and Canals; ſo that by this Means there will ew Production, or a Kind of Accumulation, or up in Store, of Spirits, in order to perform our Functions.

s we may look upon the Time of Waking, as the of wearing out, or the Deſtruction of the animal k; and the Time of Sleep, as that in which it is d and recruited; not only upon Account of what en juſt mentioned concerning the nervous Fluid, but alſo with regard to all other Parts of the Body, as well fluid as ſolid: For Action muſt neceſſarily impair the Springs and Organs; and in Motion, ſomething is continually abraded or fil'd off from the contractile Fibres; which cannot otherwiſe be reſtored, than by their being at Reſt from Tenſion. Beſides, the regular and ſteady Courſe of the Blood, as has been obſerved, in Sleep, is by far more fit and proper for Nutrition, or an Appoſition of Parts to the Veſſels, which an uneven Hurry of Nouriſhment is more apt to tear off and waſh away.

Sleep is occaſioned, promoted, and encreaſed by eating and drinking, in removing the Stimulus or painful Senſation of Hunger and Thirſt, when the Stomach is empty, or by drinking plentifully, eſpecially of ſtrong Liquors; but ſome cannot ſleep for a long Time when they drink much, becauſe the Spirits are thereby too much heated and enraged.

It is alſo encouraged by much or long continued Labour, the Spirits being too much diſſipated and exhauſted. In like manner, after the taking of Opium, or other ſleepy Things, we are diſpoſed to ſleep; becauſe they ſeize the Spirits by their volatile Oleoſity; alſo a quiet Diſpoſition of Mind; a Body free from Motion, and unaffected by external Objects; by Exceſs of Heat, Cold, or Care; and by all ſuch Cauſes as hinder the Protruſion or Impulſe of the Blood into the glandulous Part of the Brain, or its Paſſage through its Veſſels, and the neceſſary Separation of Spirits, and the Derivation of them into the Nerves, being the Organs of Senſation, and the Muſcles ſerving to voluntary Motion; and the Reflux of them towards the *Senſorium Commune*.'

COUNTRY NEWS.

Newcaſtle, January 19. Yeſterday Mr. John Kelly was elected Water-Bailiff and Mace-Bearer for this Town, a Place of conſiderable Profit, in the room of Mr. William Ainſley, who has reſign'd.

Laſt Monday was chas'd into this Harbour, by a French Privateer, a Brig and two Sloops; but a light Bark appearing, Thomas Densberry, Maſter, ſhe fir'd at the Privateer, purſued her, and obliged her to ſheer off.

HOME PORTS.

Cork, January 15. The Tuſcany Privateer, of Briſtol, is put into Baltimore, diſmaſted. She took in her Cruize a Martinico Ship, Homeward-bound, which was ſeparated in a Storm, and as yet there is no Account of the Prize. We are apprehenſive ſhe ſuffered in the late bad Weather, in which, we hear, many Ships were loſt on our Coaſt.

Edinburgh, January 17. Three Ships are arrived in Leith Road, and ſeveral others are now plying up the Frith, ſuppoſed to be the Trade from London, under Convoy of the Trial Sloop of War, Capt. Grainger.

Greenock, January 12. Sailed the Robert, Peadie, and the Leah, Andrews, both of Glaſgow, for Virginia.

Lancaſter, January 19. Arrived the Samuel and Hannah, Miller, from Oporto, laſt from Whitehaven.

Liverpool, January 19. Laſt Poſt you was adviſed of the Arrival of the Cunliffe, from Virginia; who gives an Account, that a Philadelphia Privateer had fell in with the S. Domingo Fleet, 29 in Number, and had picked up Nine of them, and carried them into Philadelphia. The Cunliffe came out the 10th of December, ſo hope the Account is true: This is ſuppoſed to be the Fleet our Men of War were ſaid to be in purſuit of. Their Convoy was two French Men of War, of 50 and 60 Guns.

Newcaſtle, January 19. Arrived the George, Bilbrough, from Rotterdam; the Coaſter, Shadforth, the John and Mary, Church, the Prince of Orange, Gaul, and the Speedwell, Harriſon, from London.

Briſtol, January 21. This Day came in from a Cruize, to ſtop her Leaks, the Falcon Privateer, Capt. Stonehouſe.

Falmouth, January 19. Wind N. E. Sailed the Expedition Packet, Clies, for Lisbon.

Dartmouth, January 18. Wind E. N. E. On the 16th came in the Antigua Packet, Bell, from St. Malo's, with 205 Engliſh Priſoners; the ſame Day ſailed the French Bark, taken by Capt. Snow, for Jerſey.

Portſmouth, January 21. Yeſterday Afternoon ſailed from Spithead the Royal George, the Eſſex, and the London, for Eaſt India, under Convoy of two Men of War.

Dover, January 22. Wind W. N. W. Arrived the Nicholas, Hiſſing, and another Dutch Ship, both from Oporto for London.

Deal, January 22. Wind W. Remain in the Downs the Jerſey, Wincheſter, Harwich, Ludlow Caſtle, and Shoreham Men of War, with the Granado Bomb; the Queen of Hungary, Cromertie, the Sally, Woolſtone, and the Peter and Mary, North, all for Portmahon; the Neptune, Mitcheſon, and the Charming Molly, Lowthrope, for Antigua; the Judith, Bradſhaw, for Lisbon; and the Preſton, Hallum, for Oporto.

Arrived

At Falmouth, the George, Kaitte, from Lisbon; who brings Advice, 'That the Great Britain Privateer, 'Capt. Wilſon, had brought into Lisbon, the Spaniſh 'Advice Ship, from the Havanna, which he took the '22d of December, in Lat. 38: 40. She had been 'out 54 Days, and ſailed in Company with five Spaniſh 'Ships of 60 and 70 Guns, and a ſmall one under the 'Command of Admiral Torres, and two French Ships 'of 24 and 20 Guns.'

LONDON.

Yeſterday came Advice of the Kinſale Man of War, with a conſiderable Number of Ships under her Convoy, being arrived at Lisbon, from Newfoundland; but about 12 Sail, from the ſame Place, had been pick'd up by Privateers, and carried into Vigo, and other Ports of Galicia. The Ferret Sloop of War had retaken one of them.

A Dutch Dogger laden with Bale Goods and Copper, from Havre for Bayonne, is taken by the Salamander Privateer, and ſent to Kinſale.

The Prize mention'd in the Cork Article, was taken by the Shoreham, Trial, and Tuſcany Privateers; ſhe is called the Count Villiard, Capt. Gogan, from Martinico for Bourdeaux; and is about 400 Tons Burden.

The Sub and Deputy-Governors of the South Sea Company have waited on his Majeſty, in purſuance of a Reſolution of the laſt General Court, with an Addreſs to his Majeſty to continue Governor of the ſaid Company; which Addreſs his Majeſty received very graciouſly, and gave his Royal Conſent to their Requeſt.

Mr. William Guthrie is appointed Keeper of the Cottonian Library.

——— Carey, Eſq; an eminent Surgeon in Pall-Mall, is appointed Secretary of Greenwich Hoſpital.

On Sunday died in St. Bartholomew's Hoſpital, the Servant of Mr. Soley of Hatton Garden, who was accidentally ſhot in the Body, about three Weeks ago, by a Piſtol going off in his Pocket as he was going along the Poultry.

The Right Rev. Dr. Thomas, Lord Biſhop of Lincoln, is appointed to preach before the Houſe of Peers, on the 30th Inſtant, at St. Peter's, Weſtminſter.

Yeſterday being the Firſt Day of Hilary Term, the Right Hon. the Lord Chancellor, Judges, &c. went with the uſual State to Weſtminſter Hall.

Laſt Night, and not before, was married Miſs Fazakerly, to the eldeſt Son of the Lord Gower.

		Morning		Evening	
High Water this Day at London-Bridge.	}	07	10	07	32

Bank Stock, 144 1-4th to 1-half. India, 178. South Sea, Nothing done. Old Annuity, 109 1-4th to 3-8ths. New ditto, 109 3-4ths to 7-8ths. Three per Cent. 87 1-half. Ditto 1743, 87 1-4th. Ditto 1744, 87. Seven per Cent. Loan, Nothing done. Five per Cent. ditto, Nothing done. Royal Aſſurance, 89. London Aſſurance, 11 1-4th. India Bonds, 10 s. to 14 s. Bank Circulation, 2 l. 2 s. 6 d. Salt Tallies, Nothing done. Three 1-half per Cent. Exchequer Orders, Nothing done. Three per Cent. ditto, Nothing done. Million Bank, 116. Equivalent, 108.

Admiralty-Office, January 23, 1744.

THE *Leave of Abſence, given to the Petty-Officers and Foremaſtmen, late belonging to his Majeſty's Ship the* Winchelſea, *having expired on the 19th Inſtant; The Lords Commiſſioners of the Admiralty do hereby direct, that the ſaid Petty-Officers and Foremaſtmen do immediately repair on board his Majeſty's Ship the* Maidſtone, *at the* Nore, *ſhe being ready to ſail from thence; on board of which Ship they will be paid the Remainder of their Wages for the* Winchelſea, *before the* Maidſtone *proceeds to Sea. But if any of them fail to repair, as above directed, they will not only loſe the aforeſaid Payment, but the Marſhal of the Admiralty will be directed to apprehend them, in order to their being tried at a Court Martial as Deſerters, and puniſhed with the utmoſt Severity of the Law.*

Thomas Corbett.

Admiralty-Office, January 23, 1744.

THE *Leave of Absence given to the Petty-Officers, and Foremastmen, late belonging to his Majesty's Ship the* Oxford, *expiring on the 29th Instant; the Lords Commissioners of the Admiralty do hereby direct, that the said Petty-Officers and Foremastmen do repair, at the Expiration of that Time, on board his Majesty's Ship the* Portland, *in* Longreach; *on board of which Ship they will be paid the Remainder of their Wages for the* Oxford, *before the* Portland *proceeds to Sea. But if any of them fail to repair, as above directed, they will not only lose the aforesaid Payment, but the Marshal of the Admiralty will be directed to apprehend them, in order to their being tried at a Court Martial as Deserters, and punished with the utmost Severity of the Law.*

Thomas Corbett.

Advertisement.

This is to acquaint the Publick,

THAT Mr. Hauksbee's Medicine for the Cure of the Venereal Disease, in the Way of an Alterative, without Salivation, or Confinement, is only to be had of Mr. John Watson, Apothecary, near Hungerford-Market, in the Strand, London, at one Guinea the Box; containing Twenty-one Pills, with Directions.

Where may be had *gratis*,

Mr. Hauksbee's *Offer to the Publick*, for communicating the Composition and Preparation of this Medicine, for the Use of the Army and Navy, and for the general Benefit of Mankind; together with the *Experimentum Crucis*.

The two Pamphlets, containing an Account of the Effects of this Medicine in the first Forty Cases, are printed for, and sold by James Roberts, in Warwick-Lane; and at the Pamphlet Shops in London.

N. B. *By the Facts in these Pamphlets, it fully appears, that this Medicine is more Safe and Gentle, and more certainly Efficacious in the Cure of the Venereal Disease, than any other Medicine now known to be in Use for this Distemper. As the Appeal to Experience has been publickly made, and the Gentlemen of the Faculty have not been able to invalidate the* PROOF, *and decline coming to the Test of the* Experimentum Crucis, *above-mentioned, it may be presumed, that all impartial Judges will pronounce* IT *unexceptionable.*

Fra. Hauksbee.

This Day is Published,

(Price Sixpence)

A Letter to a young Member of the House of C—m—ns. Where the Question between Party and Conscience is impartially stated; and which of these ought to be the invariable Rule of Conduct in P—rl—r, fully established.

Οὐδεν διαφερον της καλης Ὁ. Strobeus.

Sermonem habes, Adolescens, non publici saporis. Petron.

Printed for R. Dodsley, at Tully's Head in Pall-Mall; and Sold by M. Cooper, at the Globe in Pater-noster Row.

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" *One* Tool *In*,
" *The other* Tool *Out*,
" *And so they Dance*
" Looby *round about.*

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N. B. *For the Curious, The* C——t Bargain *is annex'd.*

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And altho' all indecent Bawdy Songs are carefully omitted, yet there are such as will give pleasing Ideas, without offending a nice Ear; insomuch that Children may learn most of these Songs, and be thereby greatly forwarded in their Reading.

The Whole is calculated as a Purge for the Hyp, Spleen, or Vapours; and by giving Attention to them, will effect a perfect Cure.

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Note, *This Volume being now finish'd, such as are pleased may have them bound altogether, or any odd Numbers to complete Sets until* Lady-Day, *and continue at Threepence each Number unto the End.*

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BALSAMICK STYPTICK,

Truly prepared and sold at the Doctor's late Dwelling House, now Mrs. DUTTON's, *in Salisbury-Court, Fleet-street.*

THIS Medicine restrains, in a most surprizing Manner, all internal as well as external Hemorrhages, *i. e.* it infallibly and quickly stops all dangerous Bleedings at the Nose or Gums, spitting or vomiting Blood; also the immoderate Flux of the Hemorrhoids or Menses; bloody Urine or Stools, bleeding of large Wounds, &c. (if used according to the plain Directions given with it) as will appear by the Certificates of several Eminent Physicians, and in the large Account of this Medicine, written by the Doctor himself, and dedicated to the College of Physicians a little before his Death.

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A MEDICINAL DICTIONARY, Including *Physic*, *Surgery*, *Anatomy*, *Chymistry*, *Botany*, in all their Branches relative to Medicine.

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WHich in a few Days infallibly cures Hypochondriack Melancholy in Men, Vapours in Women, so as never to return again, however so severe, or of many Years standing, and even after all Remedies have prov'd ineffectual: and that by immediately striking at the very Root or true Cause, as well as removing the Effects, of those perplexing Maladies and all their Train of Symptoms, by which they mimick, by Turns, almost all the Diseases poor Mortals are afflicted with, and which Rise from a depraved Appetite, vicious Ferment in the Stomach, and Indigestion of Food, whence proceed Wind, flatulent or windy Disorders in the first Passages, frequent four Belchings, Cholick, and Uneasiness in the Stomach, Crudities, offend the Nerves, and, by Consent of Parts, the Head, and produce sometimes Giddiness, Dimness of Sight, confused Thoughts, pertinacious Watchings, or Sleep, Frights, groundless Fears, and the deepest Melancholy with direful Views and terrible Apprehensions; sometimes, Fits, Flushing Heats, Reachings, Faintings, Sinkings and Sinking of Spirits, Palpitation of the Heart, Tremblings, and Twitchings in the Limbs and other Parts with many convulsive Disorders, sharp Pains, fixed or wandering Pain and Weakness in the Back, and other innumerable and grievous, Symptoms, which miserably afflict vast Numbers of both Sexes.

All which Symptoms, in their sharpest Paroxysms, these much fam'd and most pleasant Drops, (which are Chymically prepar'd from the most valuable Specifics in the Mineral, Vegetable, and Animal Kingdoms, and exalted to the highest Degree of Perfection possible) instantly quell, and at the same time annihilate their real Cause, directly bracing the Stomach nto right Order, creating a good Appetite, promoting the Digestion, occasioning laudable Chyle, and consequently good Blood, Plenty of calm, free, and cheerful Spirits, regular Circulation of all the Fluids, and Strength to the whole; so that both Cause and Effects of Melancholy and Vapours are thoroughly removed by them, almost on the Spot, as many Thousands of both Sexes they have perfectly convince.

Whoever takes them for 3 Days only, will be fully convinced are absolutely to be dependedupon for an effectual and speedy Cure, and certain it is, that no Medicine upon Earth can equal them; be careful therefore to have the genuine, which are to be had only at Mrs. Holt's, at the Three Crowns and Star in Cornhill, below the Royal Exchange, in a Bottle with printed Directions at large.

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ROYAL CHYMICAL WASH-BALL,

FOR beautifying the Face, Neck and Hands; hath induced many Envious Persons, in every Part of London, but in many Places in the Country, to sell a Counterfeit White Ball (which may prove pernicious as well as ineffectual) in Imitation of the true ones.

To prevent as much as possible any Misfates in Persons our Customers, we give this special Notice, That the Genuine Sort are now sold only at Mrs. Wharton's Toyshop, the Corner coat Boy, near the Royal-Exchange in Cornhill; and at Mrs. Stephens (was Dunn) a Milliner, now removed from Blue Ball near the Middle-Temple Gate in Fleet-street, at 1 *s.* each Ball, or 12 to the Dozen; but no Allowance less than 12 Balls at a Time, nor will they ever be sold at any other, except Notice be first given in these Advertisements of it.

Their true and real Virtues have been sufficiently known all the Years that they have been Sold by Publication, and more so, as they are still more than ever used and esteem'd by both Sexes of the best Quality, and many Thousands of Ladies and others, for making the Skin so delicately soft and white as not to be paralleled by any Wash or Wash-ball, for any Kind or Form; for these Balls are indeed real Beautifiers of the Skin, by taking off all Deformities, as Tetters, Ringworms, Morphew, Sunburn, Scurf, Pimples, Pits, or Redness after the Small-Pox, and keeping it of a lasting and extreme Whiteness; they soon alter red or rough Hands, are admirable for the Head; not only giving a most exquisite Smoothness to the Razor, but so comfort the Brain and Nerves, as to prevent catching Cold. They are of a grateful and sweet Scent, without the least Grain of Mercury, and may be used with their Safety.

LONDON: Printed for M. COOPER, at the *Globe in Pater-noster Row.*